# Cardiovascular Center Onze Lieve Vrouwziekenhuis, Aalst, Belgium

To share the clinical expertise

To provide the teaching across all professional levels

To collaborate in cutting edge and clinically oriented research

Marc Vanderheyden





# Cardiovascular Center MISSION and VISION

### $E = mc^2$

#### Patients Care (c)

- Excellence is a standard
- Personal interaction between the patient and "his" doctor
- Expertise in all fields of modern cardiology

#### **Teaching**

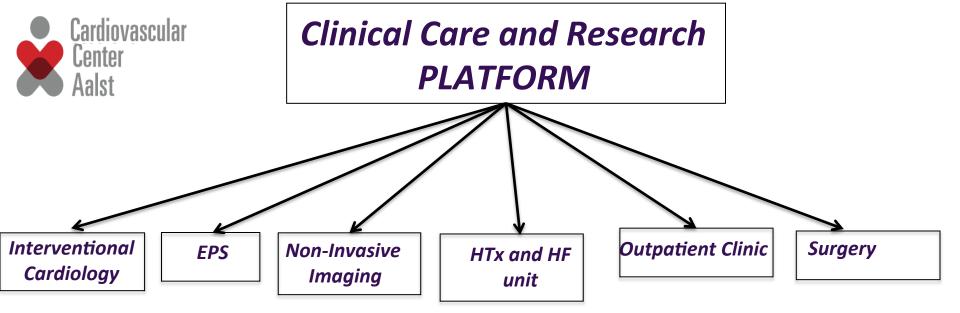
- Students, nurses, referring physicians, patients
- Trainees in cardiology
- International clinical research fellows

National and international workshops and courses

#### Research (m)

- Equally important as patient care
- Direct application for the benefit of our patients

Academic, non-universitary, supra-regional "center of excellence"



#### Coronary/vascular:

- Coronary physiology (FFR)
- Platelet biology/function
- Early CAD detection
- Translational program (biomarkers: ischemia, vulnerability)

#### Structural/myocardial:

- Translational program in HF and hypertrophy
- HF reversibility
- Cardiac resynchronization
- Valvular heart disease (FMR, AS)
- Stem cell program
- Telemonitoring

#### Arrhythmias:

- Atrial fibrillation/ arrhythmia surgery
- Registries
- Telemonitoring



# Networking: Academia Belgica





# Contagious Enthusiasm Commitment

#### Former Fellows of the CVC Aalst

Juan Escudier Villa Spain Giovanna Sarno Italy United Kinadom Narbeh Melikian

Germany Seraio Richter Jean-Baptiste Chierchia Italy Andrea Sarkozv Hungary Giorgos Kourgiannides Greece Juraj Madaric Slovakia Canada Samer Mansour Giedrius Davidavicius Lithuania

United Kingdom Ganesh Manoharan Philip McCarthy United Kingdom Martin Penicka Czech Republic Alexander Berger Switzerland Dionysios Kalpakos Greece Raquel Fuentes Manso Spain

Syrian Arab Republic Ibrahim El Zoubi

Argentina

Emanuele Barbato Italy Jorge Toquero Ramos Spain Valeria Ferrero Italv Constantinos Klebetsanis Greece Mireille Portegies Belaium Jean Champagne Canada Frank Provenier Belgium Filippo Ottani Italy Ignaci Anguera Spain Michel Roba Belgium Sleiman El-Khourv Belgium Peter Goethals Belaium Herbert Felice Malta

Maximo Rivero Averza

Flavio Ribichini Leonardo De Martino Lenesis de Paula Huarez Neuhaus Barbisan AntonGuilio Maione Joao Primo Emmanouil Manios Adalberto Lorga Filho Roland Stroobandt Karekezy Nzayinambaho Hemant Ramchurn Luc Declerck Erdem Diker Tibor Malacky Guilherme Fenelon Costa André D'Avila Ana Clara Rodrigues Alpay Celiker Kallinikos Tsakonas Luis Elvas Eduardo Antunes Vassilis Skeberis Olga Souza Jozef Bartunek Josep Brugada Jacob Atie Frank H.M.M. Simonis Gunter Steuer

Włodzimierz Moikowsky

Samira Nasr Kaissar

Lluis Mont

Sinan Gursov

Brazil Turkey Greece Portugal Portugal Greece Brazil Slovakia Spain Brazil The Netherlands Austria

Italy

Italv

Brazil

Brazil

Portugal

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Slovakia

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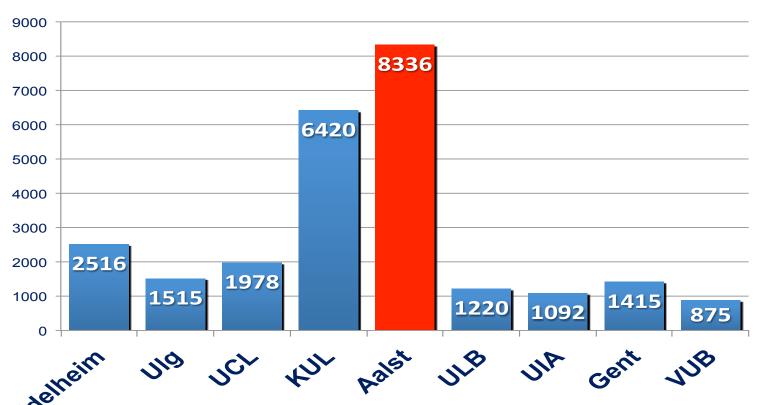


# Competition to the Excellence

➤ In-house clinical and translational research and innovation:

leadership in research on coronary physiology, heart failure,
cardiac regeneration and valvular disease

#### Citation index





# Why Research?

"On the sixth day God created man..."

But omitted to provide a repair manual. Hence, medical history reflects the writing of this repair manual by the succeeding generations of physicians."

C. de Duve, Nobel Prize for Medicine 1994

"Medical practice should be based on clinical evidence, Yet, clinical evidence should be based on clinical research"



# Novel therapeutic strategies for the treatment of heart failure

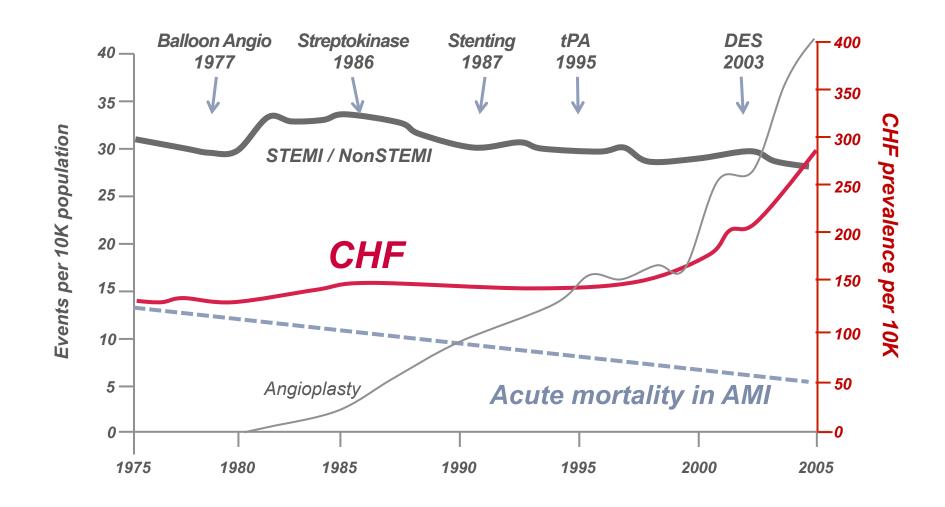
Cardiovascular Center
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Marc Vanderheyden

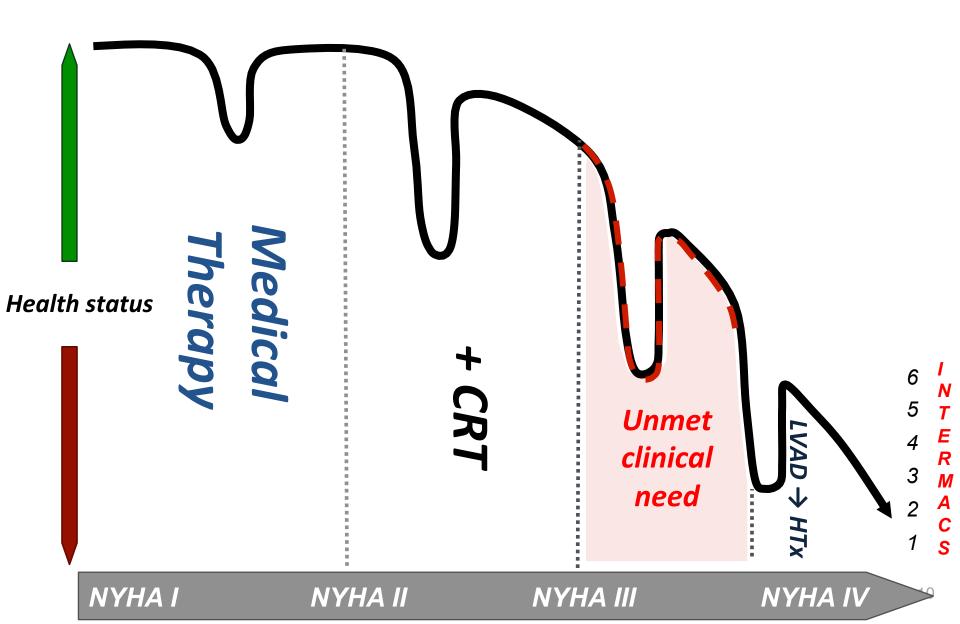


# Increasing Incidence of Heart Failure Despite Reperfusion Therapies





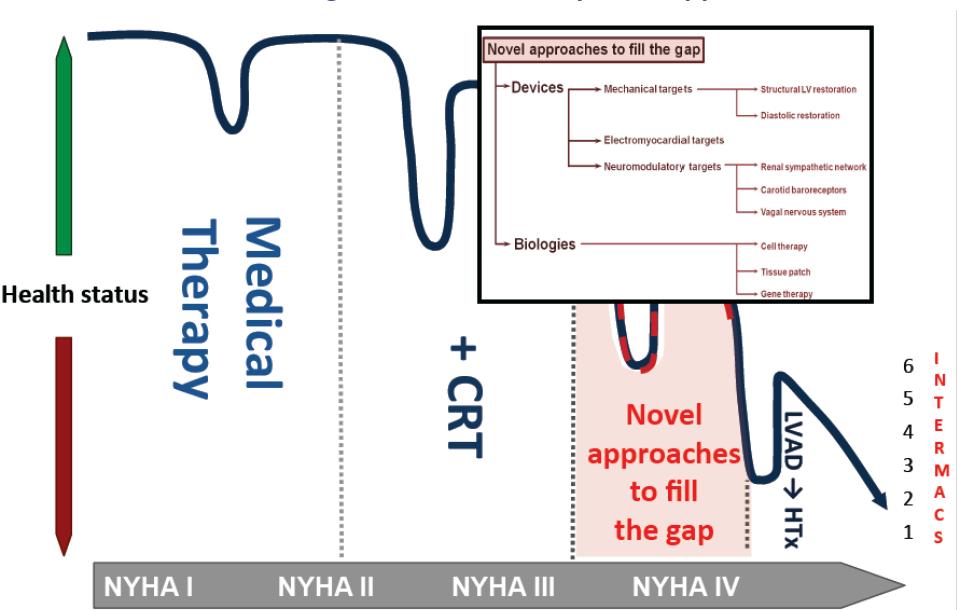
# Why Devices for Heart Failure Unmet Clinical Need





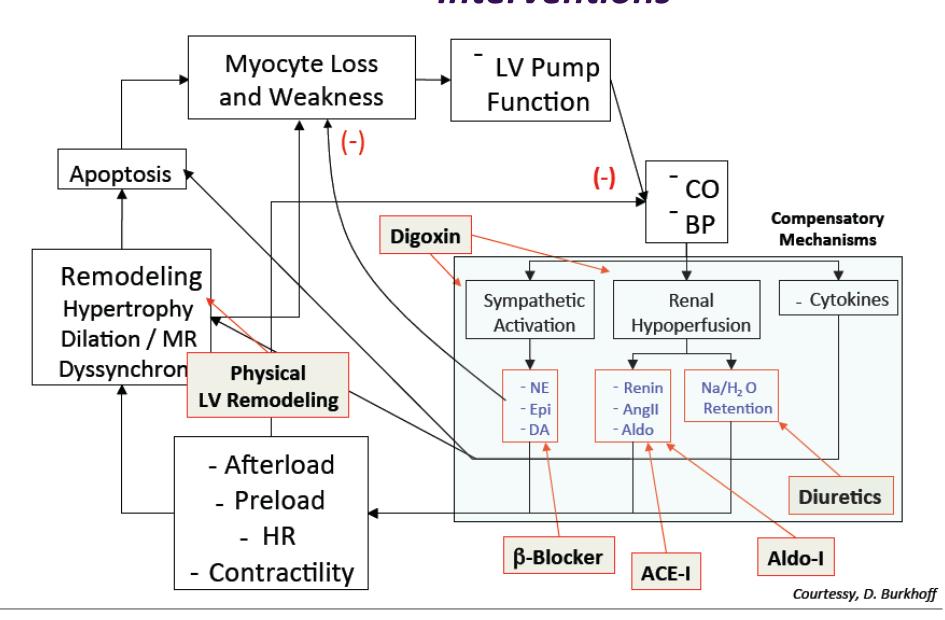
### **Congestive Heart Failure**

#### **Progression and Therapeutic Approaches**



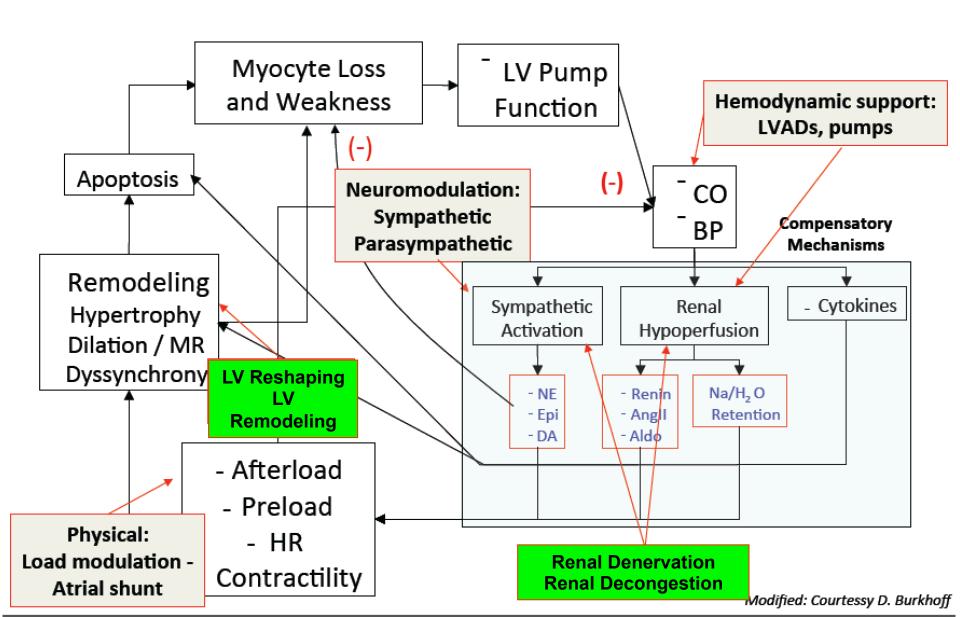


### Pharmacologic vs Device-based Interventions





### Pharmacologic vs Device-based Interventions



# Two main epidemiologic facts about kidney function in Heart Failure patients

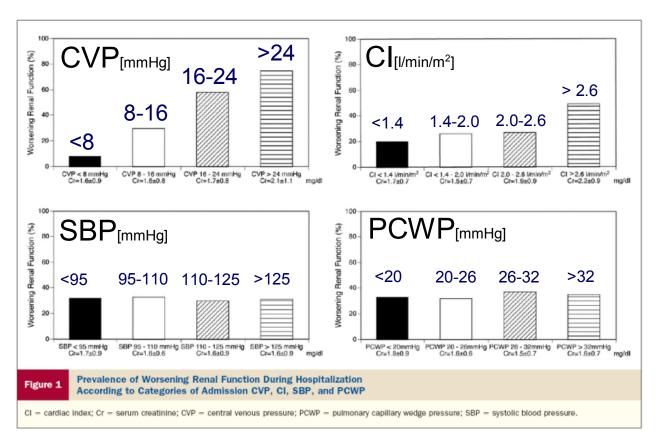
Renal dysfunction\* is observed in about 40% of HF patients

 Worsening of renal function complicates about 30% of admitted HF patients, increases risk for in-hospital death 7-fold, and length of stay 3-fold

McAlister et al. Circulation 2004
Forman et al. JACC 2004
Hillege et al. Circulation 2006
Smith et al. J Am Coll Cardiol 2006. .
Heywood et al J Card Failure 2007
Damman et al. Progr in Cardiovas Dis 2011

# Importance of Venous Congestion for Worsening of Renal Function in Advanced Decompensated Heart Failure

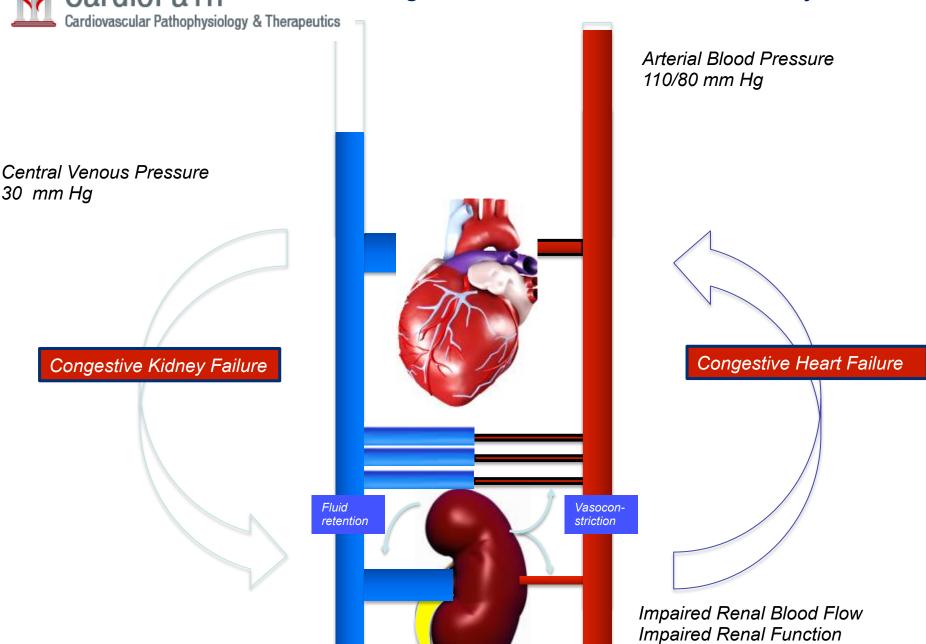
Venous Pressure, but not Art. BP or Cardiac Output predicts worsening renal function in advanced decompensated HF



Cardiac index (CI) not associated with renal function in HF (percantage of worsening renal function highest in pts with normal CI). Systolic blood pressure (SBP), and pulmonary capillary wedge pressure (PCWP) were also not associated



#### Failing Heart with Full Cardiorenal Syndrome



### **Current Therapy Consists of Diuretics**

(Can't live with them, can't live without them, don't always work)

- Remove water, but...
- Cause electrolyte imbalance (loss of K+, Mg++, insuff. Na+ excr.)
- Activate neurohormonal vascoconstrictor systems (RAAS, SNS)
- Diminish renal blood flow
- Progressively deteriorate renal function
- Side effects (hearing loss, bone loss, photosensitivity, skin rash)
- Diuretic resistance (25-30% of patients, mainly d/t high RVP)



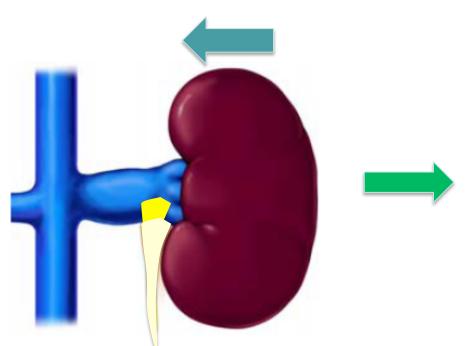
# How to improve outcomes in acute heart failure?

By relieving kidney congestion - which results from heart failure, complicates it, and aggravates it - employing a safe, simple, and elegant transcatheter approach



# Transcatheter Renal Venous Decongestion (TRVD) for Congestive Heart Failure

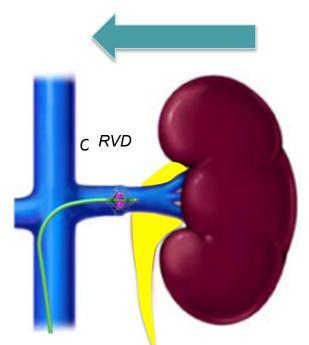
Severely congested kidney in heart failure



#### High Venous Pressure

- Poor renal perfusion
- Poor renal function
- Fluid retention

Decompressed kidney with flow pump

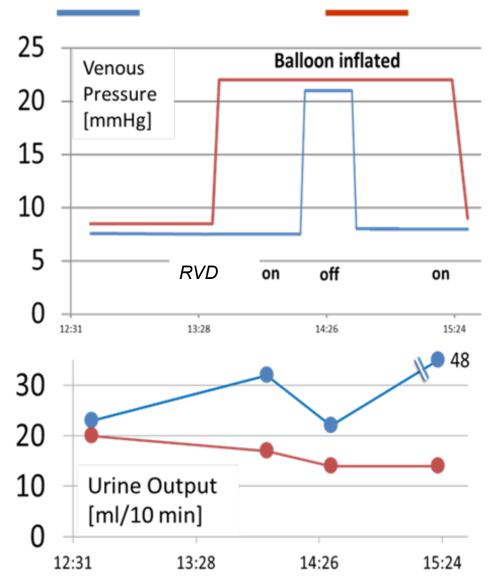


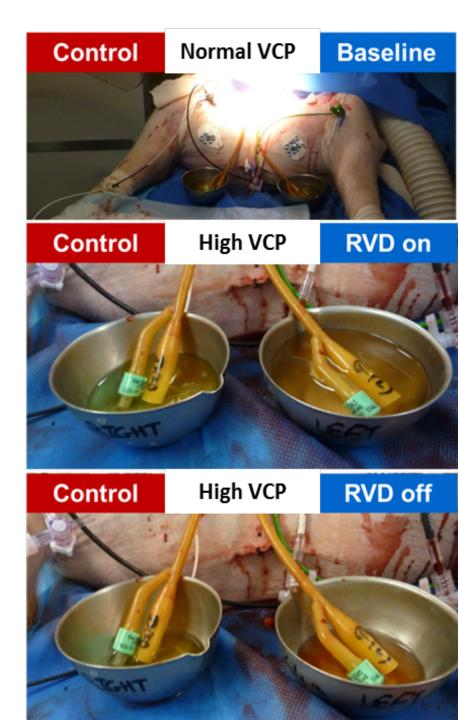
#### Normal Venous Pressure

- Improved renal perfusion
- Improved renal function
- Fluid removal



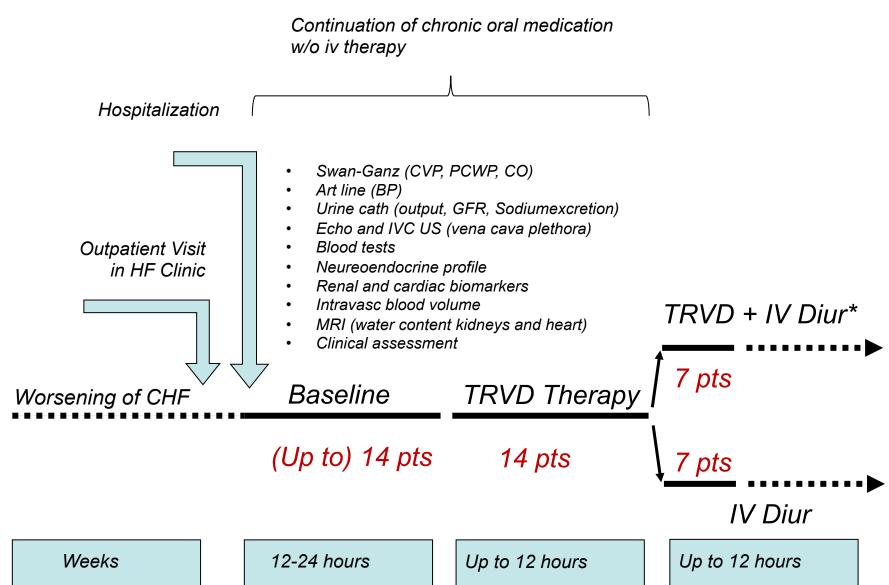
### Urine Production: Treated vs Untreated Kidney





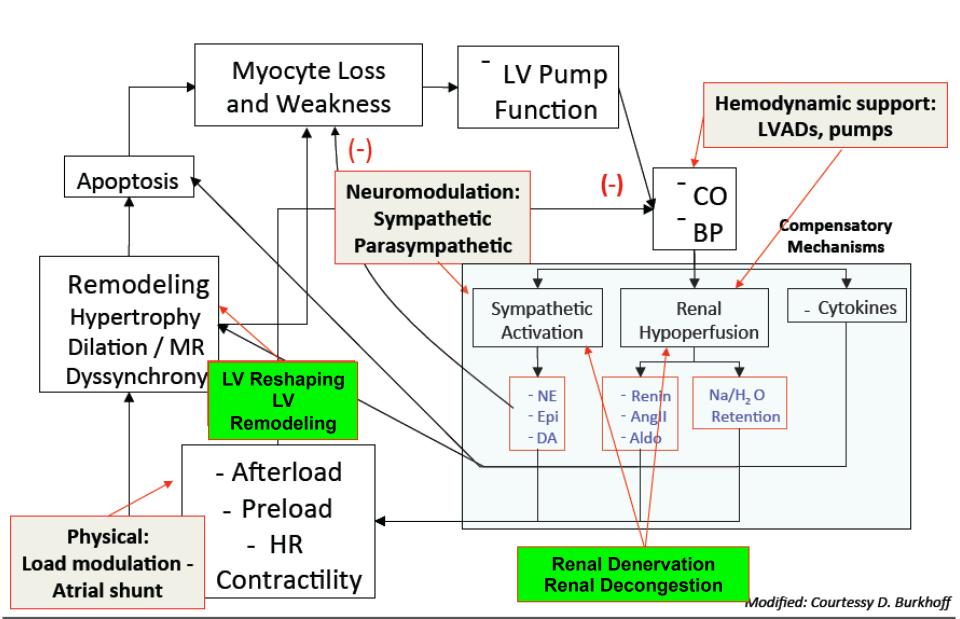


### First-in-Man Study Belgium





### Pharmacologic vs Device-based Interventions





# Why is Reverse Remodeling Important?

- 1. Reverse remodeling signifies a return of the CHF phenotype (abnormalities in molecular, biochemical, cellular, extracellular, structural pathways) towards normal
- 2. Every therapy that induces reverse remodeling has been associated with reduction in mortality



# How Much Remodeling Occurs?

# *AEDV*

ACE-Inhibitors ~15 ml

B-Blockers ~20 ml

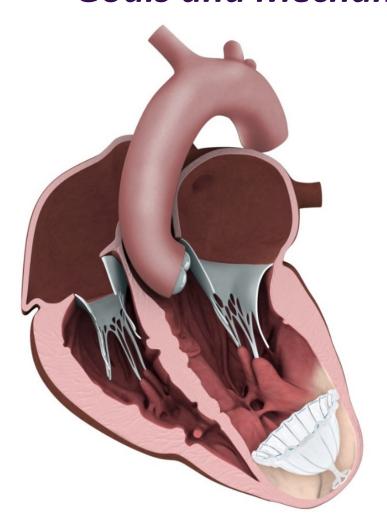
**CRT** ~30 ml

LVAD >100 ml

# Can the same benefits achieved by Rx/LVAD strategies also be achieved by "physically" reconstructing the LV?



### "Parachute" Catheter-based LV Reconstruction Goals and Mechanisms



#### (1) "RESTORING EFFECT"

**Reduces wall stress** in the upper chamber by changing **LV geometry** and **reducing volume**.

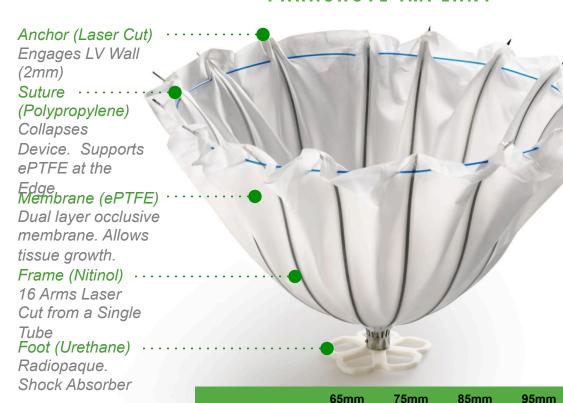
#### (2) "SYNCHRONIZING EFFECT"

Replaces the eccentric wall motion in the apical region with a more compliant Parachute. The benefits of synchronized apical wall motion throughout the cardiac cycle allows for improved cardiac output and reduced filling pressure.



### Catheter-based LV Reconstruction Parachute Technology

#### PARACHUTE IMPLANT



Standard (+3mm)

Short

X

X

X

X

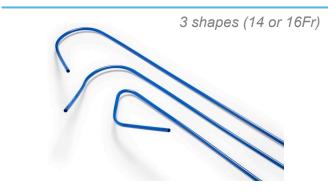
X

Χ

Χ

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#### **GUIDE CATHETER**



#### DELIVERY SYSTEM

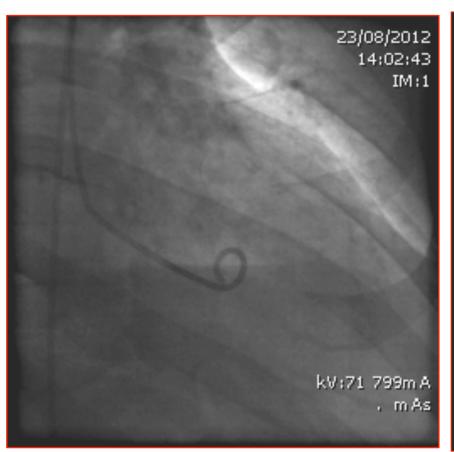
20cc balloon is inflated to anchor device

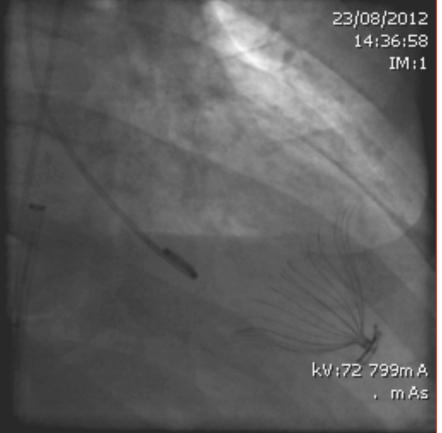




### Example: first case

Male, 69 yo, NYHA 3, 10 years after anterior STEMI







# "Parachute" Clinical Program Summary

- High procedural feasibility with favorable safety profile
- Hemodynamic improvements observed in both systolic and diastolic function
- Functional improvement is shown by an increase in the 6MWT and reduction in NYHA class
- 23.6% Mortality + HF hospitalization rate supports U.S. pivotal trial design



## **Conclusions**

- 1. Device-based interventions expand the available armentarium of the current multidisciplinary management of heart failure
- 2. They offer a tailored management of specific heart failure phenotypes by targeting specific substrates or deleterious pathophysiological mechanisms
- 3. The therapeutic potential as well as appropriate patient selection of those benefiting most from the device-based approaches needs to be addressed in the appropriately designed clinical trials